



Let's Make Soup!

FHC WOMEN'S GUILD * SOUPER HEROES SERVICE PROJECT

**THE GUILD IS MAKING SOUP FOR SOUPER HEROES,
A STREET-LEVEL OUTREACH PROGRAM SERVING FRESHLY
PREPARED NUTRITIOUS FOOD TO THE HOMELESS. JOIN US!**

WEDNESDAY, JANUARY 17 | COOK- PARISH CENTER KITCHEN

THURSDAY, JANUARY 18 | MORNING SOUP DELIVERY- OAK PARK

Volunteer & Pick a Shift

WEDNESDAY, JANUARY 17TH:

**SHIFT ONE: 8-9 AM | BRING KNIFE, CUTTING BOARD / WASHING +
CHOPPING VEGETABLES**

**SHIFT TWO: 9-10 AM | BRING KNIFE, CUTTING BOARD / MAKE BROTH,
CHOP HERBS & CUT CHICKEN**

SHIFT THREE: 10-11 AM | COOK RICE & PASTA FOR SOUP

THURSDAY, JANUARY 18TH:

SHIFT FOUR: 7-8 AM | HEAT SOUP / PARISH KITCHEN

SHIFT FIVE: 8-10:30 AM | DELIVER SOUP-OAK PARK

**DONATIONS NEEDED:
COATS, HATS & MITTENS**



Registration Required

**SCAN THE QR CODE
TO PICK YOUR SHIFT**

Questions? contact Marley Crane
at marley1228@comcast.net